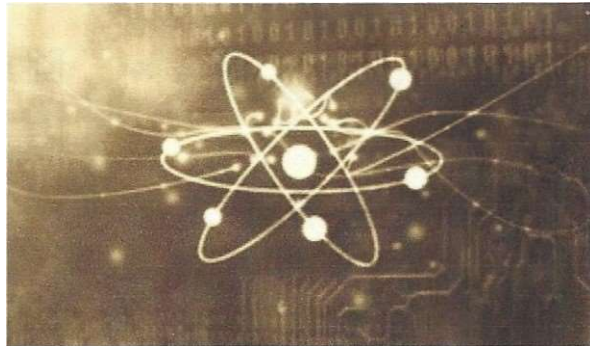
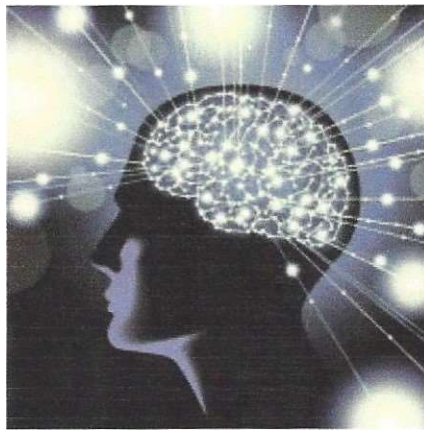


Quantum Science



Quantum Science has shown us, beyond a shadow of a doubt, that what we think, feel and believe has profound determination of our reality. We have also been shown, (It has also shown us) that at the very basic foundation of physical existence there is no actual substance upon which life as we know it is built. There is only form — energy held in different patterns. As energy is held in various patterns, it creates different experiences in the physical world, impacting our perceptions, our beliefs, our vitality and our health.



A significant factor to consider is that these patterns of energy, which ultimately determine our beliefs, can be held at the conscious or subconscious level. Subconscious beliefs are much more illusive and yet, actually more potent when it comes to impacting your life.

Otherwise, we could simply consciously decide to be healthy and successful, and it would happen automatically. If the subconscious holds energy patterns that conflict with that conscious choice, it will never manifest.

The subconscious mind is determining trillions of characteristics of the human experience every millisecond. This can be helpful if all is well, and not so helpful if there is interference in the system, which can create an inappropriate response in life and unnecessary distress.

As it relates to Creativity, Health and Healing, it translates like this: when we see, imagine or remember danger, the body responds as though it is being attacked in the present moment. Even though there may be no actual attack happening in the moment. The subconscious autopilot portion of the nervous system activates the "fight or flight response" — blood pressure goes up, muscles get tight and heart rate increases. In addition, digestion shuts down in order to provide energy to the arms and legs to "get away from the bear," and essentially all creative capacity and healing shuts down.

When the bear goes away, signals are sent to the subconscious from the five senses passing through the conscious mind to let it know that the coast is clear. The body relaxes; heart rate, blood pressure and tension return to their balance; and healing and ingenuity return to their previous potential. Only then can we experience our full capacity in these areas.

